

# Henley Beach Sprint Open 2026

12 July 2026 · Henley-on-Thames

## Women's Solo — OFFICIAL RESULTS

### TIME TRIAL

RANK	ATHLETE / CREW	CLUB	TIME	SEED
1	Emma Clarke		1:41.34	1
2	Sophie Martin		1:43.56	2
3	Isla Grant		1:45.23	3
4	Hannah Rose		1:47.89	4
5	Zara Ahmed		1:50.12	5
6	Lucy Chen		1:52.45	6
7	Niamh O'Connor		1:55.67	7
8	Kate Morris		1:59.34	8

### QUARTER FINALS

#### QF1 · Emma Clarke vs Kate Morris

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
1	<b>Emma Clarke (LC)</b>		<b>0:01.00</b>	<b>WINNER</b>
2	Kate Morris		0:02.00	

#### QF2 · Hannah Rose vs Zara Ahmed

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
1	<b>Hannah Rose (LC)</b>		<b>0:01.00</b>	<b>WINNER</b>
2	Zara Ahmed		0:02.00	

#### QF3 · Niamh O'Connor vs Sophie Martin

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
2	<b>Niamh O'Connor</b>		<b>0:01.00</b>	<b>WINNER</b>
1	Sophie Martin (LC)		0:02.00	

#### QF4 · Lucy Chen vs Isla Grant

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
2	<b>Lucy Chen</b>		<b>0:01.00</b>	<b>WINNER</b>
1	Isla Grant (LC)		0:02.00	

### SEMI-FINALS

#### SF1 · Hannah Rose vs Emma Clarke

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
2	<b>Hannah Rose</b>		<b>1:11.12</b>	<b>WINNER</b>
1	Emma Clarke (LC)		1:11.22	

#### SF2 · Niamh O'Connor vs Lucy Chen

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
1	<b>Niamh O'Connor (LC)</b>		<b>1:11.11</b>	<b>WINNER</b>
2	Lucy Chen		3:33.33	

**B FINAL**

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
1	<b>Emma Clarke (LC)</b>		<b>2:22.22</b>	<b>WINNER</b>
2	Lucy Chen		3:33.33	

**FINAL**

LANE	ATHLETE / CREW	CLUB	TIME	RESULT
2	<b>Niamh O'Connor (LC)</b>		<b>2:22.22</b>	<b>WINNER</b>
1	Hannah Rose		2:22.23	